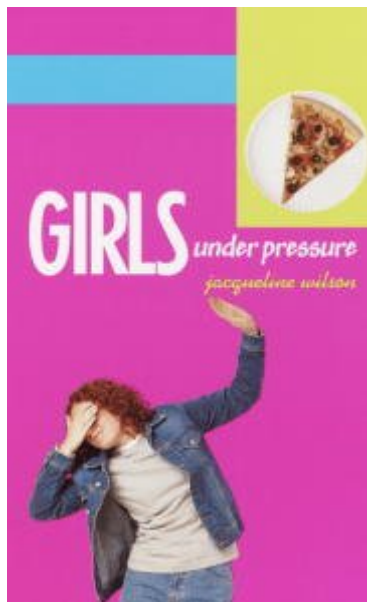


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# Girls Under Pressure (Girls Quartet)



## Synopsis

Ellie thinks she looks awful. Horrible. FAT. Her best friends are both drop-dead gorgeous and Ellieâ€™s sick of being the ugly duckling. So she goes on a diet. And she even starts to exercise, much to her friendsâ€™ and her gym teacherâ€™s amazement. Ellieâ€™s hungry all the time, she works out every spare second, and sheâ€™s turned into a grouchy meanie. But if her friends donâ€™t want to deal with the new and improved Ellie, thatâ€™s their problem. Itâ€™s better to be thin than happy. Isnâ€™t it? From the Paperback edition.

## Book Information

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## Customer Reviews

I would recommend this book to all Jacqueline Wilson fans and anyone who likes books with a moral and a real-life problem in it because it is about a girl who wants to lose weight but her friend has done that and now has anorexia because of it and has too go into hospital when she collapses in the Christmas holidays at her dad's batch.

its so good love it to die for really tackles teen problems10 out of 10you have got to buy it is

amazing I love it

I rated this book 5 stars because it is very interesting and also adventurous. I liked that it's all about girls too because well.... i'm a girl! :)

In the movie, Mr. Windsor is called Mr. Green, it's a good book, really yeah. So I hope you like it, I know I did!

This book was not good at all! Well, let me take that back. It was rather interesting and semi-accurate in some parts, but in others lagged off and was not at all what one [truly] suffering from an eating disorder would feel/respond like... Maybe this sort of view is as much as can be expected of a fictional book, and by a woman who has probably never had an eating disorder--God forbid--but, I was expecting more. The story's plot faltered at many angles, and, sorry to be redundant, was not at all a correct portrayal of an eating disordered mind. The book ends with the main character seeing the impact of eating disorders and life of Anorexics in an Eating Disorder rehabilitation type setting, and then--not wanting to end up in that same situation--goes off to lunch. At this point, what I would like to call my "what-the-heck" moment came about. What on earth sort of ending was that? Even if she, an eating disordered person, had wanted to stop hurting herself in that way, and wanted to go and eat, there would be no way that she could simply hop up and eat fearlessly. Not without compensatory behaviors afterwards. She could, yes, seek help in her struggle to break free of the chains of an eating disorder--but she could never do it alone. Maybe I am reading into this too thoroughly. Possibly the book was only a fable-type read to persuade girls to love their bodies and themselves...either way, the type of stage that was set was quite inaccurate. I gave this book two stars for the attempt, and also for its slightly interesting parts in-between what really sucked to me. If you are looking for a quick read, a true "story" in the fact that it is quite inaccurate and very lacking in information, this is for you.(...)

First off, let me admit that I am a true blue Jacqueline Wilson fan and have been one ever since I read *Elsa Star of the Shelter*. I have read books 1-3 of the "Girls" quartet. While books 1 and 3 have a more Georgia Nicholson feel (heroine of *Angus, Thongs, and Full Frontal Snogging* and 3 other books), meaning they're full of amusing Brit slang and the adventures of 3 Brit teens, this book, #2, is far more serious. Wilson evidently understands the societal and familial pressures that can cause young people to fall into the anorexia/bulimia trap, but she avoids the oversimplification one usually

encounters in books about the subject, i.e., that it's a control issue, that the victims are stressed perfectionists, etc. Wilson details main character Ellie's descent into starvation with far greater empathy and demonstrates the complexity of causative factors quite well. The other 2 teens, Magda and Nadine, are not mere supporting characters in Ellie's drama; each has her own experiences which reflect some of the pitfalls into which teens can fall. Magda experiences the horror of being viewed as a "slag" (or slut for us Americans) because of her beauty and distinctive sense of fashion. Nadine joins a modeling competition and sacrifices her goth style on the alter of conventional American beauty only to find she would have done better to have remained true to herself. I would highly recommend the quartet and this book in particular to sensitive, intelligent girls ages 12 and up. I can't wait to read *Girls in Tears*, the final book in the quartet.

I think Jacqueline Wilson is the best author!! She writes abfab books, she soooo knows what a teenager is thinking and she's thinking our era not her era! I would defenitly give *Girls Under Pressure* 5 stars!!!!Ellie, Magda and Nadine are just your typical teenagers! Boymania!!! They stick together in any situation and thats where Jacqueline Wilson has got it totally correct!! think Ellie goes through all the typical teenage things like thinking shes the only one who doesn't have a boyfriend and thinking shes fat and all the rest!! think Nadine goes through the typical teenage thing of thinking you can handle having a boyfriend older than you... so she thinks she can go all the way with him because she is so mature! But really Liam (her boyfriend) is just pushing her to go with him, she isn't doing it because wants to!And Magda... well... magda is the mate who knows all the style tips and has all the hot gossip about everyone plus she has a crowd of lads with her all the time lol! You need magda in a disaster situation (with your hair or make up)!I hope you go out and buy it cos i know i have! :)

i have literally reread this book FIVE times. i think out of the GIRLS quartet this book is definitely the best. i couldnt get enough of it. ellie is so hilarious and funny with a brilliant british accent, and yet she also remains very realstic with some very real problems many girls can deal with. i love jacqueline wilson, and among her books this is definitely one of my faves. i esp liked how her family wasnt the perfect little loving extended family that books often have. they definitely arent all angels, esp her father. her conflicts with them, along with her friends, are things i have totally experienced and felt. i dont kno how wilson does it, but she really does remember what life was like as a teen. not just the typical 'Oh im so lonely life sucks' sort of thing a lot of books display, but how teen life really can be hellish, which is shown when ellie struggles thru anorexia. even tho she keeps her

sense of humor and the book overall is a fun, quick read, it really does reach out to some complex emotions and hilarious events that reader will LOVE

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